

SECOND SATURDAY WORKSHOP, February 12 from 10:30 to 3:00 Carson Valley United Methodist Church

Make a Scandinavian heart

Charlotte Warr Anderson

Scandinavian Hearts are a popular holiday item. It is an old Scandinavian tradition to make woven paper or felt hearts to fill with candies or nuts and put on the Christmas tree. They tend to be ubiquitous. Perhaps you made them in school out of paper. I made a stenciled version for Christmas ornaments. I've seen YouTube videos where the hearts are made with felt. All of these materials, paint, paper and felt, turn out well. But they are simple to create and not necessarily worthy of keeping indefinitely.

I propose that one can use a fancier fabric, do a bit more finishing and decorative work, and create a keepsake; a gift that someone will be willing to stash amongst personal treasures. I enjoy utilizing other than cotton fabric so I've picked satin for my heart.



Materials to make your fabric Scandinavian heart:

6" x 45" strips each of red and white satin, or colors of your choice (The red satin I bought did not have as much body as the white. I used a light weight, non-woven, iron-on interfacing to stabilize the red fabric and give it a similar weight to the white.)

7" square of medium weight iron-on interfacing

Thread to match

Small tassel and 8" cord

Contact Penny Sallee, 760 912-8566 to enroll for this workshop. If you wish to have the full tutorial document I will e-mail it to you upon request (Pensal49@hotmail.com).